

# ANNALS OF MEDICAL AND SURGICAL PRACTICE

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ISSN:2550-7354

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## **INSTRUCTIONS FOR AUTHORS**

### **SUBMISSIONS**

All manuscripts must be submitted on-line through the email address, edomedj@gmail.com along with 2 hard copies to the Edo NMA Secretariat and addressed to Prof A E Omoti, Editor-in-Chief, Annals of Medical and Surgical Practice, Department of Ophthalmology, University of Benin Teaching Hospital, PMB 1111, Benin City, Nigeria.

### **JOURNAL SCOPE**

The Annals of Medical and Surgical Practice is a peer-reviewed journal published on behalf of the Nigerian Medical Association, Edo State Branch. This journal publishes original communications in the form of original research, high-quality case report, short communications, letter to the editor and systematic reviews on clinical medicine (surgery, surgical specialities, paediatrics, internal medicine, public health, obstetrics and gynaecology etc), laboratory medicine, and other specialties in the basic medical science, the allied health science and health related social science. The journal is published twice yearly, in the months of June and December.

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## **MANUSCRIPT**

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**Images:** Submit good quality colour or black and white images, preferably in JPEG format. Each image should be less than 2 MB in size.

Manuscripts must be prepared in accordance with "Uniform requirements for Manuscripts submitted to Biomedical Journals" developed by the International Committee of Medical Journal Editors (October 2006). The uniform requirements and specific requirement of the Annals of Medical and Surgical Practice are summarized below.

**Original articles:** The text of original articles may amount to 3000 words (excluding Abstract, references and Tables) and should be divided into sections with the headings Abstract, Key-words, Introduction, Material and Methods, Results, Discussion, References, Tables and

Figure legends. There should be structured abstract consisting of the aim, methods, results and conclusion. It should be about 200 to 300 words.

**Ethical issues:** For experimentation on human beings, indicate whether the procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation (institutional or regional) and with the Helsinki Declaration of 1975, as revised in 2000 (available at [http://www.wma.net/e/policy/17-c\\_e.html](http://www.wma.net/e/policy/17-c_e.html)). When reporting experiments on animals, indicate whether the institution's or a national research council's guide for, or any national law on the care and use of laboratory animals was followed. Evidence for approval by a local Ethics Committee (for both human as well as animal studies) must be supplied by the authors on demand. Animal experimental procedures should be as humane as possible and the details of anaesthetics and analgesics used should be clearly stated. The journal will not consider any paper which is ethically unacceptable. A statement on ethics committee permission and ethical practices must be included in all research articles under the "Materials and Methods" section.

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**Case reports:** New, interesting and rare cases can be reported. These communications could be of up to 1000 words (excluding Abstract and references) and should have the following headings: Abstract (unstructured), Key-words, Introduction, Case report, Discussion, Reference, Tables and Legends in that order.

**Letter to the Editor:** These should be short and decisive observations. They should preferably be related to articles previously published in the Journal or views expressed in the journal.

**Others:** Editorial, Guest Editorial, Commentary and Opinion are solicited by the editorial board.

**References:** References should be numbered consecutively in the order in which they are first mentioned in the text. Identify references in text, tables, and legends by Arabic numerals in superscript after the punctuation marks. The titles of journals should be abbreviated according to the style used in Index Medicus. Use complete name of the journal for non-indexed journals. Numbered references should appear at the end of the article and should consist of the surnames and initials of all authors when six or less. When seven or more, list first six and add et al, title of article, name of journal abbreviated according to index medicus style, year, volume, first and last page numbers.

Examples of journal referencing is as follows.

Omoti AE, Enock ME, Iyasele ET. Surgical management of primary open-angle glaucoma in Africans. *Expert Rev Ophthalmol* 2010; 5: 95-107.

Omoti CE, Omoti AE. Richter's syndrome: A review of clinical, ocular, neurological and other manifestations. *Br J Haematol* 2008; 142: 709-716.

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Kanski JJ. Glaucoma. In: *Clinical Ophthalmology, a systematic approach*. 5th ed. Toronto, Butterworth-Heinemann. 2003: 192-269

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**Prof Afekhide E. Omoti**  
Editor-in-Chief,

## EDITORIAL COMMENT

### ***PROGRESS REPORT OF THE NEW ERA IN THE ACADEMIC ACTIVITIES OF THE NIGERIAN MEDICAL ASSOCIATION, EDO STATE BRANCH.***

**Caroline E. Omoti. FMC(Path)**

Professor of Haematology

Editor

We give thanks to the Almighty God for bringing this dream to reality and the opportunity to continue this journal in a sustainable form despite all the challenges particularly, the recent developments in the Nigerian Medical Association. As stated in the inaugural issue, the idea for this journal started a few years ago, when the then Chairman of the Nigerian Medical Association, Edo state, Dr Philip I. Ugbodaga at the AGM to approve the creation of a new journal. I therefore wish to play glowing tribute to his visionary leadership at the time. Very unfortunately, the journal did not see the light of day due to a combination of factors, most notably the avoidable crisis that engulfed the association which became compounded by the lack of a legal framework and paucity of funds for an immediate take-off. By a twist of fate, Prof Afekhide E. Omoti was elected as the Chairman of the Nigerian Medical Association, Edo state. He was able to establish a legal framework, the editorial board and then published the first issue of the journal. Efforts to amend the Edo NMA rules and regulations to include a legal framework for this journal was initially opposed by certain individuals, but finally, the Edo NMA rules and Regulations was eventually amended in July 2006 at the Annual General meeting of the association. Finally, we are here. The dream has now come to reality. Following the successful launch of the inaugural edition by the Edo State Governor and the Honourable Minister of State for Health in June, 2016, we have published the second issue and

now we have published the first issue of the second volume.

The aim of this journal is to promote the culture of research and publication primarily among medical doctors in Edo State of Nigeria, but also advance research among doctors and health scientists in the tropics and worldwide. The vision we have for this new journal of the Edo NMA which we have titled, "Annals of Medical and Surgical Practice" is to become a leading scientific peer-reviewed journal in Africa and in the world, publishing ground breaking innovations and discoveries that will positively advance the field of health care. The journal will become visible internationally and the editorial board will work to get it indexed in the earliest possible time.

The inaugural issue included 14 publications from various fields of medicine and dentistry including Surgery, Medicine-Dermatology, Ophthalmology, Preventive Medicine, Haematology, Forensic Anthropology, Maxillofacial Surgery and Dentistry. The authors included some of the top professionals in their various fields of specialization as well as upcoming specialists. The second issue similarly contained nine publications from various fields in medicine. Volume 2, issue number 1 is made up of 8 publications, all original articles in various fields of medicine. We hope to continue to expand the scope of the publications and encourage all doctors and allied health professionals to seize this opportunity to publish their work in this journal.